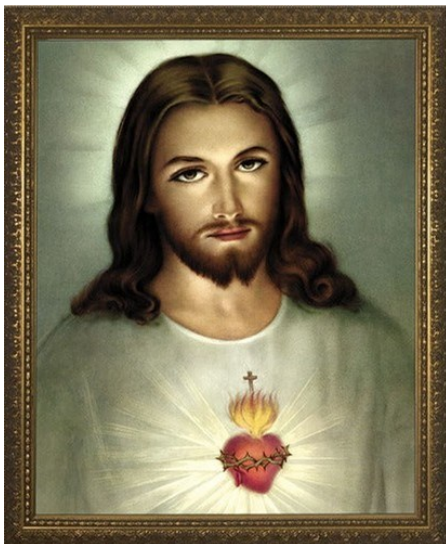


# NATIONAL CONSECRATION & OUR LADY OF GUADALUPE FAMILY CONSECRATION TO THE SACRED HEART OF JESUS



On Thursday, June 11, the Solemnity of the Feast of the Sacred Heart of Jesus, the United States Conference of Catholic Bishops (USCCB) will consecrate the United States of America to the Sacred Heart of Jesus. This will be the first time the United States will be formally consecrated to the Sacred Heart of Jesus, though the country has been

consecrated to Mary (Immaculate Conception) on several occasions. The USCCB has declared that the 2026 consecration will be a “**national Catholic celebration**” marking the United States’ Bicentennial with a renewed focus on Christ’s love, unity, and mission in the world.

The weekend of June 13th-14th, Our Lady of Guadalupe and parishioners will particularly partake in this consecration. We will be consecrating ourselves and our families to the Sacred Heart of Jesus during all masses. This act of consecration is a beautiful way to show our trust in Our Lord and allow ourselves to be open to the outpouring of his graces and protection.

## WHAT IS THE SACRED HEART OF JESUS?

The Sacred Heart of Jesus is a profound and enduring symbol within the Catholic Church, representing the immense love and mercy of our Lord Jesus Christ. Devotion to the Sacred Heart is a special form of devotion to Jesus—the focus being his Heart, which exemplifies our Lord’s redemptive suffering for the whole world.

In the Catholic Church, **consecration** means freely offering oneself completely to God—setting one’s life apart for His love and service. Consecration to the Sacred Heart of Jesus places our hearts, families, and daily lives under Christ’s loving kingship. It is an act of trust, inviting Jesus to reign within us so that we may love, forgive, and serve as He does.

## HOW, WHY AND WHEN DID THIS DEVOTION BEGIN IN THE CATHOLIC CHURCH?

Devotion to the Sacred Heart of Jesus began in the 11th and 12th centuries but became more prominent through our Lord’s private revelations to St. Margaret Mary Alacoque in the 17<sup>th</sup> century. Between 1673 and 1675, St. Margaret Mary, a nun in the Visitation Convent at Paray-le-Monial, France, received several visions of Jesus. Jesus said to her: *(continued)*

*“Look at this Heart which has loved people so much, and yet they do not want to love Me in return.” Through you My Divine Heart wishes to spread its love everywhere on earth.”* Christ revealed his Sacred Heart as a symbol of His boundless love for humanity and emphasized the need for people to return His love through devotion and prayer. The entire purpose of this devotion to the Sacred Heart is to draw you closer to the heart of Christ. This devotion is an opportunity for us to encounter Him more than just on Sundays, and to deepen our love of him.

## THE PROMISES OF JESUS TO THOSE WHO HONOR HIS SACRED HEART:

1. I will give them all the graces necessary for their state of life.
2. I will give peace in their families.
3. I will console them in all their troubles.
4. I will be their refuge in life and especially in death.
5. I will abundantly bless all their undertakings.
6. Sinners shall find in my Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall rise speedily to great perfection.
9. I will bless those places wherein the image of My Sacred Heart shall be exposed and venerated.
10. I will give to priests the power to touch the most hardened hearts.
11. Persons who propagate this devotion shall have their names eternally written in my Heart.
12. “The all-powerful love of My Heart will grant to all those who shall receive Communion on the first Friday of nine consecutive months the grace of final repentance; they shall not die under My displeasure, nor without receiving the Sacraments; My Heart shall be their assured refuge at the last hour.”

## HOW CAN WE HONOR THE SACRED HEART OF JESUS?

Below are several ways to honor the Sacred Heart of Jesus; pick one or two and slowly incorporate them into your spiritual life, and then as the Holy Spirit leads, you can add more. Scan the QR code for more detailed information on the following devotional practices to the Sacred Heart of Jesus.

- Morning offering to the Sacred Heart of Jesus & Immaculate Heart of Mary.
- Images of the Sacred Heart of Jesus in your home.
- Eucharistic Adoration
- First Friday devotion
- Enthronement of the Sacred Heart of Jesus.
- Act of consecration to the Sacred Heart of Jesus
- Litany to the Sacred Heart of Jesus
- Novena to the Sacred Heart of Jesus, (June 3 to June 11)

